

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  2012 New Year's Day The Centre is closed	2 The Centre is closed	3	4	5	6	7
8	9	10 Tai Chi class with Dr Helen Zhang 6:30 pm	11	12	13	14 Introduction to Functional Medicine seminar with Dr Jaconello 3:30 pm
15	16	17	18 New Year Resolutions Seminar with Metagenics PART I 6:30 pm	19 Environmental class with Maya Fabiszak 6:30 pm	20	21
22	23	24 Tai Chi class with Dr Helen Zhang 6:30 pm	25	26 Environmental class with Maya Fabiszak 6:30 pm	27	28 Introduction to Functional Medicine seminar with Dr Jaconello 3:30 pm
29	30	31				

Introduction to Functional Medicine seminar with Dr Jaconello including various topics, guest speakers, Questions and Answers

New Year Resolution Seminar with Metagenics PART I

"Health improvement through weight loss"
FREE BIA (body composition) test one time only for patients and friends

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